Follow these instructions to reduce the risk of surgical site infection. Shower the night before surgery. RN should check allergy list for CHG allergy. If CHG allergic, call physician about alternative prep.

1. Use a clean wash cloth and towel, your normal soap and shampoo, and the CHG solution.

2. The night before surgery, remove all jewelry and body piercings. Notify the surgeon if anything cannot be removed.

3. Set aside the clean cloth. Use your normal soap and shampoo to wash your face and hair. Do NOT use CHG on your head or face.

4. Rinse shampoo and soap completely from your head and face. Thoroughly rinse your body with water from the neck down.

5. Wet the clean wash cloth and then turn off the water.

6. From your neck down, apply just enough CHG solution to cover your body. Do NOT use CHG solution on your head, face, or genitals. But wash the groin area. Focus on the area of your surgery.

7. Using your clean cloth, gently wash with the CHG solution in small circles from your neck down to your toes; avoid the genital areas.

8. Do NOT wash with regular soap or shave until after your surgery.

9. Turn the water back on and let the water gently rinse the CHG solution from your body.

10. Get out of the shower and pat dry with a fresh, clean towel.

11. Do not use any deodorants, perfumes, powders, or lotions until after your surgery. Do not wear any jewelry.

12. Put on clean hospital gown after shower. Bed linens should be changed after shower.