Health & Spirituality

For some people, spirituality and/or religious practice can impact emotional and physical well-being. Patients and their families facing serious illness or surgery often experience anxiety about the future. The Spiritual Services department is an interfaith service which offers spiritual and emotional support to patients and families. Seeking or receiving spiritual support does not mean that you are dying. Chaplains, unlike clergy, are members of the healthcare team.

Chaplains Can Help With:
- Talking with you or your family
- Referral to community resources
- Prayer or guided imagery
- Blessings, sacraments, other religious practices
- Helping make sense of illness and cope with change

How can this help you or your family?
- Ability to accept changes in your life due to illness
- Find peace
- Feel less fearful
- Make decisions about your care

Ways to Contact Spiritual Services:
Call 413-794-2899 or ask your care-provider to make the referral

When you are admitted, your nurse will ask if you have any religious or spiritual practices that you would like to continue while you are in the hospital. You will also be asked if your beliefs are having any influences on your illness. You will be asked whether you desire religious or spiritual support from a hospital chaplain.

The Spiritual & Interfaith Space (chapel) is located on Wesson 3. A schedule of noontime services is posted outside the Spiritual & Interfaith Space.